

# Disney Theme Park Packing Checklist

Mega heat and humidity friendly, flexible to move in for when you need to scoop up your kids, and absolute minimal fuss.

## *Daytime at the Park*

- Bike shorts - 1 pair for each day
- Breezy tank tops and t-shirts  
To pair with your bike shorts
- Daytime romper / jumpsuit
- Comfy supportive sandals or sneakers
- Belt bag  
Waterproof strongly recommended
- Sunglasses and sunscreen

## *Downtime & Night Outfits*

- Cropped jacket (Denim or Linen)
- 2 swimsuits  
1 that's fun and 1 that has the coverage you need to play in the pool with your kids!
- Bathing Suit Cover Up  
Make sure this has shoulder and chest coverage to protect your skin from sun damage!
- Breezy dresses and jumpsuits  
Don't forget thigh saver shorts! (1 pair for each dress/skirt outfit)